











































































Weekday	MON	TUE	WED	THU	FRI
Date	9.2.26	10.2.26	11.2.26	12.2.26	13.2.26
Morning Snack	PINEAPPLE LAVA 	CHOCOLATE ROLL 	SANGKAYA COCONUT 	SUGAR PUFF 	STRAWBERRY LAVA 
Salad Bar	MEXICAN MADNESS marinated tempeh, red onions, jalapeno salsa, sweet corn, red beans, chopped salad, cherry tomatoes, tortilla chips, avocado dressing 	JAPANESE CHICKEN SALAD marinated chicken, red onions, sweet corn, soba noodles, wakame, cherry tomatoes, tobiko, japanese dressing 	CHICKEN CAESAR SALAD chicken, ham, parmesan cheese, tomato salsa, mixed lettuce, croutons, boiled egg, caesar dressing 	FRUITS SALAD red onions, sweet corn, red beans, dragon fruit, cherry tomatoes, carrot, mixed lettuce, japanese cucumber, thousand island 	TUNA SALAD red onions, cherry tomatoes, mixed lettuce, japanese cucumber, sweet corn, capsicums, boiled eggs, tuna dressing 
Fruits	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 
International	PORK LASAGNA 	PORK STROGANOFF 	ROASTED CHICKEN IN MUSTARD CREAM SAUCE 	PORK ZURICH pork cooked in mushroom & garlic cream 	ROASTED BEEF AND VEGETABLE LASAGNA 
	ROASTED CHICKEN IN LEMON CREAM SAUCE 	PIRI PIRI CHICKEN 	PORK STEW 	ITALIAN BEEF MEATBALLS IN TOMATO RAGOUT 	CHICKEN SCHNITZEL 
Side Dish	GRILLED ASPARAGUS 	SAUTEED CORN & GREEN PEAS 	ROASTED VEGETABLES 	BAKED EGGPLANT PARMIGIANA 	STEAMED BROCCOLI & CARROT 
Asian	STIR FRIED KRAPOW CHICKEN 	STIR FRIED SHRIMP WITH ASPARAGUS & GARLIC 	FRIED FISH WITH SWEET & SOUR SAUCE 	TANDOORI STYLE CHICKEN 	BEEF MASSAMAN CURRY 
	CLEAR SOUP RADISH WITH PORK 	YAM SAUSAGE SALAD 	CHICKEN PANANG CURRY 	STIR FRIED NOODLES WITH SOY SAUCE 	LARB CHICKEN 
Side Dish	STIR FRIED VEGETABLES IN MUSHROOM SAUCE 	STIR FRIED KALE WITH MUSHROOM SAUCE 	STIR FRIED CABBAGE IN FISH SAUCE 	STIR FRIED BROCCOLI AND GARLIC IN MUSHROOM SAUCE 	STIR FRIED BOK CHOY WITH MUSHROOM SAUCE 
Vegetarian	BAKED SPINACH WITH MOZZARELLA 	MACARONI BAKED WITH BELL PEPPERS, ROASTED GARLIC & CHEESE 	TOFU PALO 	BAKED EGG WITH BELLPEPPER 	RED BEAN NACHOS 
	STIR FRIED RICE NOODLES WITH KALE AND TOFU 	VEGETABLE TEMPURA 	PLANT BASED NUGGETS WITH BBQ SAUCE 	VEGETABLE THAI GREEN CURRY 	STIR FRIED MIXED MUSHROOM WITH GARLIC 
Noodles	MISO RAMEN WITH PORK 	EGG NOODLES WITH ROASTED RED PORK 	BOAT NOODLE SOUP WITH BEEF 	KHAO SOI CURRY WITH CHICKEN 	CHICKEN DUMPLING WITH EGG NOODLES SOUP 
Side Dish Potato	FRENCH FRIES 	POTATO GRATIN 	ROASTED POTATOES WITH GARLIC 	MASHED POTATO 	SAUTEED POTATO WITH GARLIC 
Side Dish Rice	EGG FRIED RICE 	JASMINE RICEBERRY 	VEGETABLE EGG FRIED RICE 	STEAMED RICE WITH QUINOA 	ORGANIC BROWN RICE 
Afternoon Snack	EGG SANDWICH 	COCONUT YOGHURT 	CUSTARD BUN 	PORK GYOZA 	JAM SANDWICH 