






























































Weekday	MON	TUE	WED	THU	FRI
Date	2.2.2026	3.2.2026	4.2.2026	5.2.2026	6.2.2026
Morning Snack	CHOCOLATE ROLL 	STRAWBERRY LAVA 	MINI BUTTER CROSSAINT 	MINI CHOCO CHIP CUSTARD 	SUGAR PUFF 
Salad Bar	MEXICAN MADNESS marinated tempeh, red onions, jalapeno salsa, sweet corn, red beans, chopped salad, cherry tomatoes, tortilla chips, avocado dressing 	DIY GREEK SALAD iceberg, feta cheese, olives, capsicums, red onions, cherry tomatoes, lemon dressing 	CHICKEN CAESAR SALAD chicken, ham, parmesan cheese, tomato salsa, mixed lettuce, croutons, boiled egg, caesar dressing 	JAPANESE CHICKEN SALAD marinated chicken, red onions, sweet corn, soba noodles, wakame, cherry tomatoes, tobiko, japanese dressing 	MINESTONE SALAD macaroni, red onion, carrot, garlic, zucchini, cherry tomato, red capsicum, red bean, sweet corns, olive oil, red-wine vinegar and pesto dressing 
Fruits	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 
International	ROASTED PORK WITH MUSTARD SAUCE 	BEEF STROGANOFF 	GRILLED SAUSAGE WITH ONION GRAVY 	BREADED FISH WITH TARTAR SAUCE 	CHICKEN AND SPINACH CASSEROLE 
	SLOW COOKED CHICKEN CASSEROLE 	LEMON GINGER CHICKEN WITH PINEAPPLE 	BAKED LOUISIANA STYLE CHICKEN DRUMSTICKS 	CHICKEN WITH PAPRIKA CREAM SAUCE 	PORK STEW 
Side Dish	STEAMED BROCCOLI AND CARROT	ROASTED CAULIFLOWER & CARROT	BROCCOLI SAUTEED WITH CRISPY GARLIC	BAKED EGGPLANT PARMIGIANA	ROASTED MIXED VEGETABLES
Asian	SHRIMP PAD THAI 	GREEN CURRY WITH CHICKEN 	FRIED FISH WITH TAMARIND SAUCE 	STIR FRIED PORK KAPRAO WITH HOT BASIL AND FRIED EGG 	LARB PORK 
	FRIED EGG WITH TAMARIND SAUCE 	STIR FRY SWEET AND SOUR PORK 	CHICKEN PANANG 	CHINESE VEGETABLE STEW WITH CHICKEN 	GRILLED CHICKEN IN RED CURRY WITH PINEAPPLE 
Side Dish	STIR FRIED BROCCOLI & SHITAKE WITH MUSHROOM SAUCE 	STIR FRIED CABBAGE WITH FISH SAUCE 	GRILLED SWEET CORN	STIR FRIED VEGETABLES IN MUSHROOM SAUCE 	CRISPY CORN CAKE 
Vegetarian	MAC & CHEESE WITH SWEET CORN 	BAKE EGG WITH BELLPEPPER 	VEGETABLE LASAGNA 	RATATOUILLE BAKED WITH FETA CHEESE 	RED BEAN NACHOS 
	CHINESE VEGETABLE STEW 	LARB TOFU & MUSHROOM 	MIX MUSHROOM KAPROW 	INDIAN STYLE POTATO & CHICKPEA CURRY 	RED CURRY WITH TOFU 
Noodles	VEGETABLE RAMEN 	EGG NOODLES WITH ROASTED RED PORK 	RICE NOODLE WITH CHICKEN TOM YUM SOUP 	PORK UDON NOODLE SOUP 	KHAO SOI CURRY WITH BEEF 
Side Dish Potato	FRENCH FRIES	ROASTED POTATO	SAUTEED POTATOES WITH GARLIC	BAKED POTATO 	MASHED POTATO 
Side Dish Rice	GARLIC FRIED RICE	ORGANIC BROWN RICE	JASMINE RICEBERRY	CHINESE EGG FRIED RICE 	STEAMED RICE WITH QUINOA
Afternoon Snack	CHEESE SANDWICH 	STRAWBERRY YOGHURT 	RED PORK BUN 	VEGETABLE SAMOZA 	JAM SANDWICH 